

Survey items for moral distress in dementia care during a pandemic adapted from Awosoga et al. (2018). Assessment of contributors to moral distress and impact of moral distress on well-being.

**Since March 1, 2020, how much distress, if any, have the following situations caused for you?**

*N/A (Has not happened), None at all, A small amount, A moderate amount, A large amount, An extremely large amount.*

1. Seeing the care suffer for residents with dementia because there are not enough staff to do the work.
2. Seeing a low quality of life for residents with dementia because there are not enough activities.
3. Seeing the care suffer for residents with dementia because of high staff turnover or new staff without the training to provide dementia care.
4. Having to provide care to aggressive residents with dementia without the supports I need to feel safe.
5. Seeing the care suffer for residents with dementia because physicians do not visit often enough
6. Seeing the care suffer for residents with dementia because of the effects of restrictions on family visits
7. Having to follow COVID-19 related policies or procedures even when they don't seem best for the residents
8. Seeing residents with dementia suffering from pain or other symptoms because they are not treated appropriately.
9. Not reporting what I believe is neglect or abuse of a resident with dementia because I feel no one listens or I'm afraid of causing trouble.
10. Seeing poor care for a resident with dementia because of poor communication between staff members.

**Overall, how much, if any, moral distress do you currently feel in your job?**

*None at all, A small amount, A moderate amount, A large amount, An extremely large amount*

**Overall, how has the amount of moral distress you experience in your work changed since the start of the pandemic?**

*Significantly decreased, Somewhat decreased, About the same, Somewhat increased, Significantly increased*

**How often, if ever, have you felt the following as a result of the moral distress of caring for residents with dementia in LTCHs since March 1,2020?**

*Never, At least once, Once a month, Once a week, More than once a week*

1. Feel frustrated or angry
2. Feel guilty or like a failure
3. Feel powerless
4. Feel sad or anxious
5. Not want to go to work
6. Lose sleep
7. Feel physically exhausted
8. Feel sick or in physical pain
9. Do things I know are not healthy to cope (e.g. overeating, drinking, smoking, etc.)